Phase I



Day 1 to Day 30 (may be longer if resident does not meet criteria to move to Phase 2)

- All communication outside of the program is restricted
 - No phone privileges (other than when approved by Staff)
 - No visits (Exceptions may be made for young children)
 - No employment (Goodwill 2nd Chance Program/Work Experience exception)
- All movement is limited to Program activities with the group
 - This includes Dollar General and Tobacco Shop on Saturday
 - Anything other than groceries, snacks, hygiene, tobacco requires a special request approved by staff
- All new arrivals will be enrolled in the following if eligible and if available at the time:
 - Intensive Outpatient Program (IOP)
 - o Goodwill 2nd Chance Program/Work Experience
 - SMART Recovery

Phase I is a time specifically designed for you to focus on:

- 1. Your time with God
- 2. Your time with the counselors/volunteers/staff
- 3. Your time with yourself
- 4. Giving back to the community
- 5. Attending all mandatory classes
- 6. Job Search upon completion of IOP

Requirements to move to Phase 2

- Approval from Case Management Team
- Consistently attended all mandatory classes and church as listed on the calendar
- Completed min 10 hours of community service
- 4. Successfully complete IOP, if eligible
- Successfully complete Goodwill workshops
- Successfully complete SMART Recovery
- Successfully complete Intro to Heart of Recovery w/Pastor Pat
- 8. Must have a start date from Employer
- Eligible at 31 days for on-grounds only visitation Sundays 1-4pm
- Phone privileges are returned on day 31 from 5-8pm daily. Full-time phone privileges will be returned on the resident's first day of Employment

Phase II

First Day of Employment to LAST DAY of the 6th month

- Upon Employment Start Date, Residents may begin choosing 5 classes weekly to attend (Church is still mandatory)
- Full time phone privileges returned on first day of employment
- Eligible to attend off grounds classes/groups with an approved Resident, Volunteer, or Staff only. Phase II residents are NOT permitted to drive themselves to off ground classes or groups until they are in Phase II for at least 90 days
- Eligible for full-time employment
- If approval is obtained and resident has a vehicle with valid license and insurance, resident may begin driving (See Vehicle Agreement for Driving Privilege details)

Phase II, Cont.



- Shopping at Dollar General and the tobacco shop on Saturday only continues throughout Phase II just as in Phase I (groceries, snacks, hygiene, laundry products, and tobacco only). Special request approved by staff is required for anything else.
 Phase II Residents are NOT permitted to drive themselves to Dollar General or the tobacco shop until they have been in Phase II for at least 90 days.
- Eligible for day passes after 90 days in Phase II (See Day Pass Privileges for details)
 Once eligible for day passes, residents may use the day pass to buy groceries, snacks,
 hygiene, laundry products, and tobacco when off grounds with a visitor or mentor only.
 Special request to buy any other items requires staff approval prior to day pass. Phase
 II Residents are NOT permitted to drive themselves on Day Passes until they have
 been in Phase II for at least 90 days.

Phase II is a time to focus on:

- 1. Spiritual Growth
- 2. Recovery Tools and Reactions
- 3. Driver's License/Vehicle
- 4. Financial Obligations and Goals
- 5. Family Restoration
- 6. Short Term Goals/Plan
- 7. Long Term Goals/Plan
- 8. Giving Back to the Community
- 9. Attending required 5 classes + church

Requirements to move to Phase 3

- Approval from Case Management Team
- 2. Maintained consistent employment for a minimum of 90 days
- 3. Regular meetings with case worker
- Integrate with support network
- Financial checking/savings plan and bank account set up at a bank
- Create a budget-expenses and savings plan
- 7. Have valid Driver's License
- Consistently attending church and five (5) required classes weekly
- 9. Successfully completed Next Steps Recovery w/Pastor Pat
- Consistently completing chores and maintaining room cleanliness
- Volunteer when needed at David's Courage or in the Community
- Room & Board Paid on time and current

Phase III

1st Day of 7th month to graduation

- Eligible for 24-hour pass off-grounds upon approval by Staff
- Eligible for (1) 32" television, (1) video gaming console, (1) laptop or tablet in room
- Maintain relationship with a mentor/sponsor/volunteer with regularly scheduled meetings
- Eligible to drive self to off grounds groups and classes, Day Passes, Church, Grocery/Tobacco (may also be eligible to transport Phase II residents)
- Become a Big Brother to newer resident(s)
- Create and finalize a transition strategy

Phase III, cont.



Phase 3 is where you are focusing on:

- 1. Transition Plan back into community
- 2. Financial planning/saving Budget for post-Graduation success
- 3. Begin working on Testimony for graduation
- Taking on additional house responsibilities by being a positive influence/role model for newer residents
- 5. Giving back to the community
- 6. Attending 3 classes plus church weekly

Requirements to Graduate

- Approval from Case Management Team
- 2. Consistent Employment
- 3. Post-Graduation Financial Budget
- 4. Have reliable transportation
- 5. Transition plan in place
- Successfully given testimony
- Consistently attending church and three (3) classes weekly
- Volunteer when needed at David's Courage or in the Community
- 9. All Room & Board paid in full